

Read all of this leaflet carefully before you start using your Derma Roller

- Keep this leaflet. You may need to read it again.
- Infection is a potential side effect of using a derma roller. It is however easily prevented, by making sure you properly clean your derma roller after each use, to remove bacteria.
 - If you have any questions or side effects please contact us on 0800 832 1899
- For hygiene reasons never share a derma roller with anyone else.
- **Skin Conditions** - not recommended for use on irritated or infected skin, active acne, rosacea, eczema, moles etc.
- **Not Suitable** for women who are pregnant, those with haemophilia or other conditions that inhibit healing and people on blood thinners or similar medication.

Why Use a Derma Roller?

Through this treatment, tiny pin prick size holes are created.

This action stimulates collagen production on the scalp which in turn encourages hair growth at the root and the production of new skin cells.

Micro Needle Derma Rolling Instructions

You may believe that by rolling more frequently you will get the results you want sooner. In fact, rolling too frequently will do your skin more harm than good.

- Your skin needs time to recover from the inflammation response caused by skin needling.
- Rolling too often will break down the collagen in your skin before it has had a chance to form properly.

Application Method

- Wash your scalp to remove any dirt, oil and impurities. This will prevent any impurities from entering the scalp whilst derma rolling.
- Dry your hair completely.
- Roll the 0.5mm derma roller slowly over the scalp, first horizontally then vertically and then diagonally. You should apply enough pressure to penetrate the scalp and feel a slight prickling or tingling, but not enough to cause pain. Rolling aggressively won't give you a better result and may cause irritation, scratches or needle marks.

How do I clean my Derma Roller?

Clean Both Before and After Use

It's important that you clean your derma roller each time you use it. If the pins are dirty then you will increase your chances of getting an infection or irritating the skin.

Cleaning Method 1

Rubbing Alcohol

(you can buy this in your local chemist)

- Transfer rubbing alcohol to a spray bottle and thoroughly spray your derma roller head, ensuring all needles are coated.
- Place on its side on a paper towel to **Air Dry** and then place in a clean dry container.

or

- Pour some rubbing alcohol into a container and soak the derma roller head for 15 minutes.
- Air dry on a paper towel and then place in a clean dry container.

Cleaning Method 2

Antibacterial Wash

- Take an antibacterial wash and mix with water in a mug.
- Place the derma roller inside the mug and leave for 1 minute and swish around.
- Remove the derma roller from the mug and rinse with boiling water.
- Air dry on a paper towel and then place in a clean dry container.