

2ml Ampoules Instructions

Read all of this leaflet carefully before you start using your HRP Ampoules.

- Keep this leaflet. You may need to read it again.
- Online instructions www.surgerygroup.co.uk/hermetic-hair-recovery-hrp-instructions
- Infection is a potential side effect of using a derma roller. It is however easily prevented, by making sure you properly clean your derma roller after each use, to remove bacteria.
 - If you have any questions or side effects please contact us on 0800 832 1899 or email info@surgerygroup.co.uk
 - For hygiene reasons never share a derma roller with anyone else.
 - Not recommended for use on irritated or infected skin, active acne, rosacea, eczema, moles etc.

What is HRP?

Pharma Hermetic Hair Recovery Program (HRP with SP55) is a home hair recovery treatment for the scalp and facial hair including beards and eyebrows.

The formula focuses on stimulating growth to strengthen the existing hair at the root. The active ingredients in the lotion promote the self generation of the hair cells and provide all the necessary nutrients to repair weakened and brittle hair, making it healthier, stronger and more voluptuous.

Recommended Treatment Guide

Initial - 1 ampoule (2ml) every 3 days (30 day treatment)
Ongoing 1 ampoule (2ml) every 14 days (5 month treatment)

Lotion Spray – can be used daily.

Application Method

- Night time application is recommended.
- Wash your scalp to remove any dirt, oil and impurities. This will prevent any impurities from entering the scalp whilst derma rolling.
- Dry your hair completely.
- Roll the 0.5mm derma roller slowly over the scalp, first horizontally then vertically and then diagonally. You should apply enough pressure to penetrate the scalp and feel a slight prickling or tingling, but not enough to cause pain. Rolling aggressively won't give you a better result and may cause irritation, scratches or needle marks.
- Apply 1 full ampoule immediately. The derma roller creates temporary channels in the skin which close within 30 minutes to 1 hour so apply as soon as possible for maximum effect.
- Massage the treated area until the solution is absorbed (5-10 mins)
- Dry your hair carefully on a cool setting or allow to dry naturally.
- You must wait 5-8 hours to wash your hair after application.
- Avoid direct sun exposure to your hair for at least five hours.

Derma Roller Instructions

Only use the Derma Roller as instructed.
You may believe that by rolling more frequently you will get the results you want sooner. In fact, rolling too frequently will do your skin more harm than good.

- Your skin needs time to recover from the inflammation response caused by skin needling.
- Rolling too often will break down the collagen in your skin before it has had a chance to form properly.

How do I clean my Derma Roller?

It's important that you clean your derma roller each time you use it. If the pins are dirty then you will increase your chances of getting an infection or irritating the skin.

Method 1

Antibacterial Wash and Water

- Take an antibacterial wash and mix with water in a container.
- Place the derma roller inside the container and leave for 1 minute and swish around.
- Remove the derma roller from the container and rinse with boiling water.
 - Air dry and place in a clean dry container.

Method 2

Rubbing Alcohol

- Transfer to a spray bottle and thoroughly spray your derma roller, ensuring all needles are coated.
- Or pour some rubbing alcohol into a container and soak for one hour.
- Rinse the derma roller under running warm water.
 - Air dry and place in a clean dry container.

Ampoule Opening

To open the ampoule, hold it with both hands, with one thumb against the narrow top section. Hold the bottom of the ampoule firmly while pushing the top section away from you with easy, even pressure. A light pressure should cleanly snap the ampoule open, while using too much force can cause it to shatter.

HRP Ingredients

Aqua, peptide sp 55, nicotiana benthiana, hexapeptide 40 sh, polypeptide 6, decapeptide 25, oligopeptide 54, oligopeptide 41, retinyl, palmitate, biotin, serenoa, serrulata fruit extract, poligala tecniufolia root extract, portulaca oleracea extract, thuja orientalis extract, ginkgo biloba leaf extract, sodium gluconate, hyaluronic acid, potassium gluconate, calcium gluconate, magnesium gluconate, cysteine, glutamine, aminobutyric acid, ascorbic acid, alanine, lysine, arginine, valine, histidine, leucine, threonine, tryptophan, tyrosine, phenylalanine, glycine, serine, glutation, cystin, aspartic acid, timidine, deoxyguanosine, cytidine, asparagine, glutamic acid, ornithine, proline, taurine, hydroxyproline, methionine, uridine triphosphate, flavin adenine dinucleotide, timidine triphosphate, thiamine hcl, cyanocobalamin, retinyl, acetate, paba, inositol, methylcytosine, pyridoxine, niacinamide, biotin, tocopheryl acetate, folic acid, calcium pantothenate, riboflavin.